



CORONAVIRUS UPDATE

CDC

COVID-19 Update, 7/28

July 28, 2020 | [ARKMED.org/covid19](https://arkmed.org/covid19)

Status Update as of 7/28 from ADH Website:

[View the ADH COVID-19 Dashboard here.](#)

- Confirmed cumulative cases in Arkansas - 40,181
- Active cases - 6,565
- Recovered patients - 33,188
- New cases since 7/27- 734
- Deaths - 428
- Patients in the hospital - 501
- Patients on ventilators - 110

ADH Guidance for Discontinuation of Isolation Precautions

Last week, the ADH issued updated guidance for discontinuation of isolation precautions in patients with COVID-19 infections under home isolation. ADH strongly recommends against using a test-based strategy for discontinuation of home isolation and advises using a symptom-based strategy for these decisions.

Symptom-Based Strategy (formerly called Non-Test Based Strategy)

Persons with confirmed or probable COVID-19 and who have symptoms who were directed to care for themselves at home, may discontinue home isolation under the following conditions:

- At least 10 days passed since symptom onset AND
- At least 24 hours passed since resolution of fever without the use of fever-reducing medications AND
- Other symptoms have improved.

This does not apply to immunocompromised patients, those with severe illness, and those who live in congregate living facilities.

Persons with laboratory-confirmed COVID-19 who have not had any

symptoms may discontinue home isolation when at least 10 days have passed since the date of their positive COVID-19 diagnostic test, assuming they have not subsequently developed symptoms since their positive test.

[Read the entire guidance here.](#)

ADH also issued guidance on discontinuation of isolation precautions for hospitalized patients. A symptom-based strategy is also recommended.

Patients with mild-to-moderate illness who are not severely immunocompromised:

- At least 10 days have passed since symptoms first appeared and
- At least 24 hours have passed since last fever without the use of fever-reducing medications and
- Symptoms (Cough, shortness of breath) have improved.

Patients with severe to critical illness or who are severely immunocompromised:

- At least 20 days have passed since symptoms first appeared and
- At least 24 hours have passed since last fever without the use of fever-reducing medications and
- Symptoms (Cough, shortness of breath) have improved

[Read the entire guidance here.](#)

Arkansas Blue Cross Blue Shield Extends Deadline

The voluntary, expanded COVID-19-related benefits announced for certain Arkansas Blue Cross and Blue Shield and Health Advantage fully insured health plans and individual policies will be extended to align with the federally mandated COVID-19 coverage provisions as specified in the FFCRA (Families First Coronavirus Response Act) and CARES (Coronavirus Aid, Relief and Economic Security) Act. The federal mandate currently runs through **October 23, 2020**.

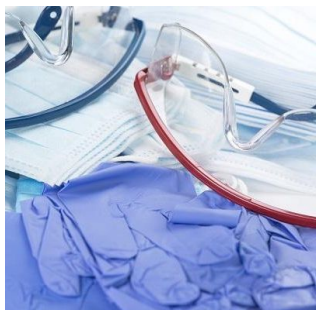
UnitedHealthcare Extends National Public Health Emergency Temporary Program Changes

To provide ongoing support to members and providers, UnitedHealthcare is extending many of the COVID-19 temporary program, process and coverage changes through Oct. 22, 2020.

Implementation of these temporary changes may vary by health plan and for self-funded customers. State-specific and Medicaid rules, regulations, date limitations or exclusions may also apply.

Full details, including applicable benefit plans and service information, can be found [online](#).

PPE



Telemedicine



Financial Resources



View our updated information on personal protective equipment at [ARKMED.org/ppe](https://www.arkmed.org/ppe) or visit arkansasready.com/ppe for Arkansas PPE vendors.

View the latest information from insurance carriers, HIPAA, and other sources on telemedicine during the COVID-19 crisis at [ARKMED.org/telemedicine](https://www.arkmed.org/telemedicine)

We've compiled all of the financial resources that you may need for your clinic or practice during the COVID-19 crisis at <https://www.arkmed.org/financial-assistance-during-covid-19/>.

Join our COVID-19 Mailing List

Got Questions? Let Us Help.

The Arkansas Medical Society is here to serve our physician members and their medical teams. On our website, we have a place that you can send us questions or share what you're experiencing. Visit [ARKMED.org/covid19](https://www.arkmed.org/covid19) and click on the Got Questions box. We will respond to your question as soon as possible. Thank you for your hard work and together we will make it through this crisis.

For more AMS COVID-19 Resources, visit [ARKMED.org/covid19](https://www.arkmed.org/covid19).

Arkansas Medical
Society [ARKMED.org](https://www.arkmed.org)

